

## Abschnitt 1 - Samstag 31.01.2026

Einlass: 12:00 Uhr | Einschwimmen: 12:00 Uhr | Kampfrichtersitzung: 12:15 Uhr

Beginn: 13:00 Uhr

## Wettkampfstätte

Parkbad Ahlen, Dolberger Straße 66, 59229 Ahlen

6 Bahnen á 25m, Wellenkiller, Handzeit mit 1 Uhr, Wassertemperatur: ca. 26°C

## Kampfgericht Abschnitt 1

| Position             | Name            | Verein                        |
|----------------------|-----------------|-------------------------------|
| Schiedsrichter       | Keven Klemm     | SC Undine Beckum              |
| Starter              | Michaela Freyer | Ahleener SG, Abt. Wassersport |
| Sprecher             | Katrin Wolny    | Ahleener SG, Abt. Wassersport |
| Schwimmrichter       | Keven Klemm     | SC Undine Beckum              |
| Schwimmrichter       | Michaela Freyer | Ahleener SG, Abt. Wassersport |
| Auswerter            | Patrick Beyer   | Ahleener SG, Abt. Wassersport |
| Protokollführer (AW) | Jonas Leifeld   | Ahleener SG, Abt. Wassersport |

## Zielgericht

| Position         | Name                     | Verein                            |
|------------------|--------------------------|-----------------------------------|
| Zielrichter      | Julia Hartwich-Ellis     | SC Herford                        |
| Zielrichter (AW) | Monique Kuhlpete         | 1. Paderborner Schwimmverein      |
| Zielrichter      | Kerstin Böttcher         | 1. Paderborner SV                 |
| Zielrichter      | Alina Mühlenjost         | DJK Spielverein Eintracht Heessen |
| Zielrichter      | Sandra Roth              | TG Herford                        |
| Zielrichter (AW) | Elon Paul Nehemia Regehr | 1. Paderborner SV 1911            |
| Zielrichter (AW) | Esther Brockhoff         | 1. Paderborner Schwimmverein      |

## Zeitgericht 1

| Position                | Name                  | Verein                          |
|-------------------------|-----------------------|---------------------------------|
| Zeitnehmer-Obmann       | Petra Brockpähler     | SSC'90 Schloß Holte-Stukenbrock |
| Zeitnehmer Bahn 1       | Burkhard Lues         | Wasserfreunde Bielefeld         |
| Zeitnehmer Bahn 2       | Maurice Schrickel     | TuS Viktoria Rietberg           |
| Zeitnehmer Bahn 3       | Lieselotte Otte       | SC Undine Beckum                |
| Zeitnehmer Bahn 4 (AW)  | Niklas Woltschenko    | SC Undine Beckum                |
| Zeitnehmer Bahn 4       | Barbara Elsing        | Wasserfreunde Bielefeld         |
| Zeitnehmer Bahn 5       | Michael Rakow         | SV Rheine 68 eV.                |
| Zeitnehmer Bahn 6       | Ingemar Hansmann      | 1. Paderborner SV               |
| Reserve-Zeitnehmer (AW) | Sabine Saßmannshausen | TuS Viktoria Rietberg           |



## Zeitgericht 2

| Position                | Name               | Verein                          |
|-------------------------|--------------------|---------------------------------|
| Zeitnehmer-Obmann       | Hannah Hejnal      | Ahlener SG, Abt. Wassersport    |
| Zeitnehmer Bahn 1       | Fabian Markmeier   | Ahlener SG, Abt. Wassersport    |
| Zeitnehmer Bahn 2       | Jessica Lürwer     | SV Rheine 68 eV.                |
| Zeitnehmer Bahn 3       | Matthias Horstmann | SG Oelde                        |
| Zeitnehmer Bahn 4       | Ivonne Michels     | SSC'90 Schloß Holte-Stukenbrock |
| Zeitnehmer Bahn 5       | Maik Reinwardt     | SV Rheine 68 eV.                |
| Zeitnehmer Bahn 6       | Gordon Brändel     | Ahlener SG, Abt. Wassersport    |
| Zeitnehmer Bahn 6 (AW)  | Elisabeth Mar      | Ahlener SG, Abt. Wassersport    |
| Reserve-Zeitnehmer (AW) | Steffi Regehr      | 1. Paderborner SV 1911          |

## Wendegericht

| Position            | Name            | Verein                  |
|---------------------|-----------------|-------------------------|
| Wenderichter-Obmann | Anja Jabs       | Wasserfreunde Bielefeld |
| Wenderichter 1 (AW) | Anna Böttcher   | 1. Paderborner SV 1911  |
| Wenderichter 2      | Ina Wiecking    | SV Rheine 68 eV.        |
| Wenderichter 3 (AW) | Marcel Sergiel  | SC Herford              |
| Wenderichter 4      | Julia Esrom     | VfL Osnabrück           |
| Wenderichter 5      | Benedik Roll    | 1. Paderborner SV 1911  |
| Wenderichter 7      | Miriam Sauvigny | 1. Paderborner SV       |
| Wenderichter 8      | Stefan Mende    | TuS Viktoria Rietberg   |
| Wenderichter 9      | Noah Brentrup   | SC Undine Beckum        |



## Wettkampffolge für Abschnitt 1

Wettkampf 1 - 1500m Freistil weiblich

Wettkampf 2 - 1500m Freistil weiblich

Wettkampf 3 - 400m Freistil männlich

Wettkampf 4 - 400m Freistil männlich

Wettkampf 5 - 800m Freistil weiblich

Wettkampf 6 - 800m Freistil weiblich

Wettkampf 7 - 400m Lagen männlich

Wettkampf 8 - 400m Lagen männlich

## Wettkampf 1 - 1500m Freistil weiblich

CR: 17:15,36 - Precht, Lena-Marie (1. Paderborner SV) am 21.01.2017 in Parkbad Ahlen

### AK 40

| Platz                                                                                | Schwimmer(in)  | Jg.        | Verein                  | Endzeit  | WA  |
|--------------------------------------------------------------------------------------|----------------|------------|-------------------------|----------|-----|
| 1.                                                                                   | Carla Beckmann | 1984/AK 40 | Wasserfreunde Bielefeld | 18:53,63 | 514 |
| 100m: 01:11,36 (01:11,36)   200m: 02:25,81 (01:14,45)   300m: 03:39,90 (01:14,09)    |                |            |                         |          |     |
| 400m: 04:53,96 (01:14,06)   500m: 06:09,08 (01:15,12)   600m: 07:23,69 (01:14,61)    |                |            |                         |          |     |
| 700m: 08:38,74 (01:15,05)   800m: 09:54,83 (01:16,09)   900m: 11:10,67 (01:15,84)    |                |            |                         |          |     |
| 1000m: 12:26,61 (01:15,94)   1100m: 13:43,35 (01:16,74)   1200m: 15:01,94 (01:18,59) |                |            |                         |          |     |
| 1300m: 16:20,97 (01:19,03)   1400m: 17:38,44 (01:17,47)   1500m: 18:53,63 (01:15,19) |                |            |                         |          |     |

### AK 35

| Platz                                                                                | Schwimmer(in)      | Jg.        | Verein   | Endzeit  | WA  |
|--------------------------------------------------------------------------------------|--------------------|------------|----------|----------|-----|
| 1.                                                                                   | Carina Westerlemke | 1989/AK 35 | SG Oelde | 19:22,67 | 476 |
| 100m: 01:09,40 (01:09,40)   200m: 02:25,78 (01:16,38)   300m: 03:42,33 (01:16,55)    |                    |            |          |          |     |
| 400m: 04:59,86 (01:17,53)   500m: 06:17,92 (01:18,06)   600m: 07:36,13 (01:18,21)    |                    |            |          |          |     |
| 700m: 08:54,80 (01:18,67)   800m: 10:13,46 (01:18,66)   900m: 11:32,20 (01:18,74)    |                    |            |          |          |     |
| 1000m: 12:51,05 (01:18,85)   1100m: 14:09,60 (01:18,55)   1200m: 15:28,61 (01:19,01) |                    |            |          |          |     |
| 1300m: 16:48,13 (01:19,52)   1400m: 18:06,65 (01:18,52)   1500m: 19:22,67 (01:16,02) |                    |            |          |          |     |

### AK 20

| Platz                                                                                | Schwimmer(in)   | Jg.        | Verein                  | Endzeit  | WA  |
|--------------------------------------------------------------------------------------|-----------------|------------|-------------------------|----------|-----|
| 1.                                                                                   | Lina Haberstroh | 2004/AK 20 | Wasserfreunde Bielefeld | 19:12,26 | 489 |
| 100m: 01:09,35 (01:09,35)   200m: 02:23,97 (01:14,62)   300m: 03:39,32 (01:15,35)    |                 |            |                         |          |     |
| 400m: 04:54,96 (01:15,64)   500m: 06:12,08 (01:17,12)   600m: 07:29,74 (01:17,66)    |                 |            |                         |          |     |
| 700m: 08:48,33 (01:18,59)   800m: 10:06,78 (01:18,45)   900m: 11:24,67 (01:17,89)    |                 |            |                         |          |     |
| 1000m: 12:43,62 (01:18,95)   1100m: 14:02,42 (01:18,80)   1200m: 15:20,39 (01:17,97) |                 |            |                         |          |     |
| 1300m: 16:38,35 (01:17,96)   1500m: 19:12,26 (02:33,91)                              |                 |            |                         |          |     |



| Platz | Schwimmer(in)                                                                                                                                                                                                                                                                                                                                                                                                                               | Jg.        | Verein                       | Endzeit  | WA  |
|-------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|------------------------------|----------|-----|
| 2.    | Laura Paduch                                                                                                                                                                                                                                                                                                                                                                                                                                | 2006/AK 20 | Wasserfreunde Bielefeld      | 19:16,95 | 483 |
|       | 100m: 01:09,12 (01:09,12)   200m: 02:23,38 (01:14,26)   300m: 03:38,37 (01:14,99)<br>400m: 04:59,19 (01:20,82)   500m: 06:11,45 (01:12,26)   600m: 07:29,42 (01:17,97)<br>700m: 08:47,95 (01:18,53)   800m: 10:06,25 (01:18,30)   900m: 11:24,58 (01:18,33)<br>1000m: 12:43,31 (01:18,73)   1100m: 14:01,70 (01:18,39)   1200m: 15:20,37 (01:18,67)<br>1300m: 16:39,15 (01:18,78)   1400m: 17:59,45 (01:20,30)   1500m: 19:16,95 (01:17,50) |            |                              |          |     |
| 3.    | Greta Bachmann                                                                                                                                                                                                                                                                                                                                                                                                                              | 2006/AK 20 | Wasserfreunde Bielefeld      | 19:16,97 | 483 |
|       | 100m: 01:10,18 (01:10,18)   200m: 02:26,02 (01:15,84)   300m: 03:43,38 (01:17,36)<br>400m: 05:01,22 (01:17,84)   500m: 06:15,37 (01:14,15)   600m: 07:38,58 (01:23,21)<br>700m: 08:56,80 (01:18,22)   800m: 10:14,61 (01:17,81)   900m: 11:32,18 (01:17,57)<br>1000m: 12:49,87 (01:17,69)   1100m: 14:07,95 (01:18,08)   1200m: 15:26,05 (01:18,10)<br>1300m: 16:43,92 (01:17,87)   1400m: 18:01,64 (01:17,72)   1500m: 19:16,97 (01:15,33) |            |                              |          |     |
| 4.    | Carlotta Jarick                                                                                                                                                                                                                                                                                                                                                                                                                             | 2002/AK 20 | SV Rheine 68 eV.             | 20:15,80 | 416 |
|       | 100m: 01:12,14 (01:12,14)   200m: 02:32,01 (01:19,87)   300m: 03:53,42 (01:21,41)<br>400m: 05:15,25 (01:21,83)   500m: 06:37,72 (01:22,47)   600m: 08:00,55 (01:22,83)<br>700m: 09:22,62 (01:22,07)   800m: 10:45,13 (01:22,51)   900m: 12:07,68 (01:22,55)<br>1000m: 13:30,65 (01:22,97)   1100m: 14:53,36 (01:22,71)   1200m: 16:16,49 (01:23,13)<br>1300m: 17:38,94 (01:22,45)   1400m: 18:59,27 (01:20,33)   1500m: 20:15,80 (01:16,53) |            |                              |          |     |
| 5.    | Nele Schneider                                                                                                                                                                                                                                                                                                                                                                                                                              | 2003/AK 20 | Ahlener SG, Abt. Wassersport | 21:40,20 | 340 |
|       | 100m: 01:21,87 (01:21,87)   200m: 02:51,41 (01:29,54)   300m: 04:21,65 (01:30,24)<br>400m: 05:53,90 (01:32,25)   500m: 07:17,63 (01:23,73)   600m: 08:45,22 (01:27,59)<br>700m: 10:12,25 (01:27,03)   800m: 11:38,78 (01:26,53)   900m: 13:04,75 (01:25,97)<br>1000m: 14:32,25 (01:27,50)   1100m: 15:59,31 (01:27,06)   1200m: 17:25,04 (01:25,73)<br>1300m: 18:52,03 (01:26,99)   1400m: 20:17,84 (01:25,81)   1500m: 21:40,20 (01:22,36) |            |                              |          |     |
| 6.    | Luca Winkelhaus                                                                                                                                                                                                                                                                                                                                                                                                                             | 2003/AK 20 | TG Ennigloh                  | 22:23,16 | 309 |
|       | 100m: 01:22,16 (01:22,16)   200m: 02:52,14 (01:29,98)   300m: 04:22,26 (01:30,12)<br>400m: 05:52,86 (01:30,60)   500m: 07:23,22 (01:30,36)   600m: 08:53,62 (01:30,40)<br>700m: 10:25,16 (01:31,54)   800m: 11:56,43 (01:31,27)   900m: 13:28,49 (01:32,06)<br>1000m: 14:59,08 (01:30,59)   1100m: 16:28,75 (01:29,67)   1200m: 17:59,48 (01:30,73)<br>1300m: 19:28,50 (01:29,02)   1400m: 20:58,63 (01:30,13)   1500m: 22:23,16 (01:24,53) |            |                              |          |     |
| 7.    | Fabienne Hof                                                                                                                                                                                                                                                                                                                                                                                                                                | 2006/AK 20 | Olfener Schwimmclub 2007     | 26:39,49 | 183 |
|       | 100m: 01:32,47 (01:32,47)   200m: 03:14,06 (01:41,59)   300m: 04:58,93 (01:44,87)<br>400m: 06:44,66 (01:45,73)   500m: 08:31,83 (01:47,17)   600m: 10:19,43 (01:47,60)<br>700m: 12:08,19 (01:48,76)   800m: 13:57,34 (01:49,15)   900m: 15:47,86 (01:50,52)<br>1000m: 17:37,91 (01:50,05)   1100m: 19:27,40 (01:49,49)   1200m: 21:16,48 (01:49,08)<br>1300m: 23:05,04 (01:48,56)   1400m: 24:54,15 (01:49,11)   1500m: 26:39,49 (01:45,34) |            |                              |          |     |

